

Help your child with phonics



**Westrop Primary  
School**

## Sounds and actions

### Phase 2

s— move hands like a snake and say “sss”

a— move one hand up arm like ants crawling and say “aaa”

t— move head left to right and say “ttt” like watching tennis

p— hold finger in front of mouth and pretend to blow out candle saying “ppp”

i— wiggle fingers on cheek like whiskers and say “iii”

n— hold arms out to sides like a plane and say “nnnn”

m— rub stomach and say “mmm”

d— move hands like beating a drum and say “ddd”

g— move hands in circles like gurgling down a drain and say “gg”

l/ll— pretend to lick a lollypop

o— point to light switch and say “ooo” like switching off a light

c— move hands like clicking castanet’s saying “ccc”

k— move hands like clicking castanet’s saying “ccc”

ck— move hands like clicking castanet’s saying “ccc”

e— move fingers like tapping the top of an egg and say “eee”

u— move hands like putting up an umbrella and say “uuu”

r— hold finger in front of teeth like a dog with a toy and say “rrr”

h— hold hand in front of mouth and breathe and say “hhh”

f/ff— move hands like squash-

## Phonic terms

**Phoneme:** a phoneme is the sound that a letter or group of letters makes in a word

**Grapheme:** a grapheme is what a sound looks like written down e.g. **r a i n**

**Segment:** segment is breaking a word up into its phonemes/sounds

**Blend:** blending is sounding out the individual sounds in words to create a word

**Split digraph:** e.g. c a k e , l i k e

### Activities to try at home:

**Sound box—** fill a shoe box with objects or words to sort

**Buried treasure—** sort real words from fake words

**Flash cards—** write sounds and words on pieces of paper and practice with your child

**Robot voices:** blend and segment words using a robot voice

**oi/ oy**– cup hands around mouth and say “oi” as if trying to call out to someone

**ear**– wiggle ear

**air**– move hand in circles in the air and say “air”

**Oe/ O-o**– point to toe and say “oe”

**au**– push arm in the air like a rocket taking off and say “launch, au”

**ure**– move hand like a pirate in front of chest and say “ure”

**u-e, ue, ew**– point finger from body and say “ue, like you”

### Typical phases:

Reception: phase 1,2,3, and 4

Year 1: Phase 5

Year 2: Phase 6

### Phase 3,4 and 5



**ch**– move hands at sides like a train

**sh**– put finger to lips and say “Shhh”

**th**– stick out tongue like a cheeky clown

**ng**– put arms about your head like lifting a really heavy weight

**qu**– move hands like a duck’s beak

**ai/ ay/ ey/ a e**– hold hand to ear and say “ai” pretending that you cannot hear

**ee- or/aw ea/ e-e**– hold hands on head like donkey ears and say “ee, or”

**igh/ i e**– point to eye

**oa**– place hand over mouth as if you have made a mistake and say “oa”

**oo**– put neck and head forward as if a cuckoo clock and say “oo”

**ar**– flap arms up and down at sides like a seal and say “ar, ar”